



## AM I “ABUSIVE”?

**She says I am.  
I know I scare her  
but I'm a good guy,  
have a decent job,  
and love my family.**

Sometimes it helps to talk with someone who understands.  
Call us from any phone for complete privacy. A UW study.

**Call us  
1.800.MEN.1089**



The **MEN'S DOMESTIC ABUSE CHECK-UP** can help if you are concerned about your behavior toward your loved ones.

- It's a chance to take stock of what you're doing and think through your options.
- It's respectful, free, private, and all by phone. You can even be anonymous.

**If you or someone you know would like more information about the Men's Domestic Abuse Check-Up, please contact us at:**

# **1.800.MEN.1089**

**[www.menscheckup.org](http://www.menscheckup.org)**

**A UW Study**

**You will be compensated.**